



# Spring Lake Ranch

Therapeutic Community  
*Working Toward Wellness*

For Admissions  
Call 802.492.3322



## *Welcome to Vermont*

Spring Lake Ranch Therapeutic Community offers a personalized and comprehensive approach to empowering those with mental illness and substance abuse issues to create quality lives. Work and community involvement are the foundation for gaining valuable insights which lead to a better way forward.



We offer an opportunity to engage in the life of a rural farm in Cuttingsville and a small Vermont city in Rutland.

### **Those we serve**

With a rambling hillside farm in the Green Mountains of Vermont, and in-town residences and apartments, Spring Lake Ranch Therapeutic Community serves men and women over the age of 17 who struggle with:

- **Depression**
- **Bipolar disorder**
- **Schizophrenia**
- **Anxiety**
- **Post-traumatic stress**
- **Substance abuse issues**
- **Other psychiatric & personality disorders**



The Spring Lake Program offers a wide range of therapeutic environments, suitable for those who have recently been hospitalized as well as those prepared for more independent living in both group and individual settings.

**Farm Program • Royce Street Transitional Home • Townhouse Apartments • Independent Apartments**



Since 1932, Spring Lake Ranch Therapeutic Community has offered a continuum of care for adults with mental illness and substance abuse histories that fosters acceptance, growth, and responsibility. With an emphasis on meaningful work and community involvement, residents engage in a dynamic and positive program. Our goal is to help people move from hospitalization or period of crisis to an integrated quality life. The Rutland Program offers a gradual introduction to greater independence and a full spectrum of support.

## Amenities

Spring Lake Ranch's working farm is situated on 600 acres of forest and fields in Cuttingsville, alongside one of the most secluded and pristine lakes in Vermont. Small cottages, gardens, barns, repair shop, sugar house, pottery studio, gym, and tennis court, as well as several houses for our staff and their families, cluster near the original 1870's farmhouse that serves as the center of the community.

The transitional program, with two beautiful homes in Rutland Vermont, is often the next step for Residents ready for more autonomy. Rutland offers access to theatre and the arts, local sports and recreation, respected colleges, wellness opportunities that range from excellent hospital facilities to holistic and non-traditional methods, and easy access to hiking trails, rivers, transportation, and several popular downhill ski areas.



## Admission

You may reach our Admissions office at 802.492.3322 or [admissions@springlakeranch.org](mailto:admissions@springlakeranch.org). Application, financial information and in-depth description of our program is available at our website, [www.springlakeranch.org](http://www.springlakeranch.org).



**Spring Lake Ranch**  
Therapeutic Community

**1169 Spring Lake Rd.**  
**Cuttingsville, Vermont 05738**

**802.492.3322**

**[www.springlakeranch.org](http://www.springlakeranch.org)**



**Residential, Transitional and Extended Treatment in the Green Mountains of Vermont**